

Mt Shasta Masters

Ski Racing Because We Still Can

MSRA
Mount Shasta Race Association

Mt Shasta Masters is a perfect opportunity to improve skiing skills. The format is informal, individual training and coaching. If you've never raced before here is an opportunity to feel the thrill of skiing a course, and benefit from the associated drills and practice. You will ski at your own pace, receive excellent coaching from MSST Head Coach Robert Baker. Above all it's fun and your skiing proficiency and confidence will soar.

Typical schedule is course set-up for the first thirty minutes, drills and gate training for as long as you can stand it, and course tear down last thirty minutes. All activities are dependent on weather and snow conditions. Coaching and video will be on an as suitable basis. If it's a stormy, powder day we leave the training for another day and enjoy the powder.

Mt Shasta Ski Park provides us with training areas and the Mt. Shasta Race Association provides us with gates, fencing, and other materials. Our set training time is Wednesday mornings 9:00am to 12 Noon, Thursday evenings 4:00 to 8:00 pm and Sunday afternoon 1:00 to 3:00 pm. As a group we have the responsibility of setting and tearing down run closures, training courses and fencing. As a group, it takes us just a couple of cycles to complete the necessary set-up and tear down. Helmets & goggles are required.

As a continued show of our support for local race programs we are asking each Mt Shasta Master to volunteer two days during the Far West J4/J5 races scheduled at Mt Shasta Ski Park February 12-13, 2011. They need our help for course maintenance, set-up, and general operations. Please mark your calendars. We'll pass a sign-up sheet during the season. Please help out!

This year there are seven races open to the Master Racer. They are the Paul Gianera March 5-6 , the Over the Hill Classic (for Masters 50yr and over) March 19, the Gene Landsmann "Super" Slalom March 20 and the Coyote Classic March 25—26—27. Your support is needed to promote, participate and help manage these races.

Regardless of your ability you'll enjoy the camaraderie of similarly "twisted" skiers. So join us by completing and signing the attached forms and return it to The Fifth Season or mail it to the MSRA. Be sure to include a check made payable to MSRA for \$175.00. For more info contact Robert Baker, Program Director, 530 859-3700 or Mario Marchi 530 859-0049. It's a great way to add some fun and adrenaline to your winter. We look forward to skiing with you.

Winter 2010/2011 Schedule

Wednesdays 9AM to Noon

Thursdays 4PM to 8PM

Sundays 1PM to 3PM

Runs January 6 thru March 24

Fee is just \$175 and two volunteer days*

Some dates will be dark due to special events.

MT SHASTA MASTERS

REGISTRATION FORM

NAME: _____

ADDRESS: _____

PHONE: _____ EMAIL: _____

AGE: _____ YEARS SKIING: _____

WHAT DO YOU EXPECT FROM THIS PROGRAM:

WEDNESDAYS - 9:00 to 12:00 noon

THURSDAYS - 4:00 pm to 8:00 pm

SUNDAYS - 1:00 pm to 3:00 pm

FEE: \$175 (for entire season - Jan. 6 to March 24, 2011)

Please make checks payable to MT SHASTA RACE ASSOCIATION.

Mail registration with your check to:

MT SHASTA RACE ASSOCIATION- PO BOX 759, MT SHASTA CA 96067

Or drop off at THE FIFTH SEASON in MT Shasta

NOTE: HELMETS AND GOOGLES ARE REQUIRED TO PARTICIPATE

Please don't forget to sign Release of Liability in back of this form.

Mt. Shasta Ski Park and other "Released Parties"

Liability Release, Acknowledgement of Risks and Hazards
and Agreement Not To Sue

PLEASE READ CAREFULLY, THIS IS A LEGAL DOCUMENT.

WARNING: Use of Mt. Shasta Ski Park premises, facilities and/or equipment, including skiing, snowboarding, other recreational activities and the use of aerial and surface lifts, are HAZARDOUS. Falls and injuries are a common occurrence and you must keep deliberate and conscious control of your physical body, while properly using your equipment, both on the ground and in the air, in variable weather and other conditions. Ski, ride and participate in these activities only within your own ability. Your safety and that of others is directly affected by your judgment in the severe elements of mountain and forest terrain. Be alert to all risks, hazards and dangers at these resorts, including but not limited to: variations in steepness or terrain (whether natural or as a result of slope design snowmaking or grooming operations), including but not limited to jumps, roads and catwalks or other man-made or natural terrain modifications and features including terrain parks, elements and half-pipes; surface or subsurface snow or ice conditions (whether natural or machine-made); bare spots; rocks, trees, stumps and other forms of forest growth or debris; lift towers and components thereof and other ski area components including lights, fences, posts and signs, (all of the foregoing whether above or below snow surface); pole lines and plainly marked or visible snowmaking equipment, other equipment, vehicles and machines including snowmobiles and snow cats; collisions with other participants or other persons (whether as a result of failure to ski, ride or participate in these activities within their own ability or otherwise) or collisions with any of the risks included in this paragraph (whether natural or man-made).

In consideration of the participation in the Mt Shasta Masters Program ("Activity"), I agree to RELEASE, INDEMNIFY, DEFEND AND HOLD HARMLESS Mt. Shasta Ski Park, its parent, subsidiary and affiliated companies, and their respective agents, officers, directors, owners, contractors, volunteers, employees and other insurers, the Mt Shasta Race Association and all it's Board of Directors, employees, contractors, volunteers, subsidiaries and other insurers and Mario Marchi and Robert Baker, Coaches of the Activity (collectively, the "Released Parties"), from any and all claims I might bring as a result of physical injury, including death, or property damage sustained in connection with my use of the Released Parties facilities INCLUDING CLAIMS BASED ON NEGLIGENCE OR BREACH OF WARRANTY. I expressly understand that the Released Parties are not responsible for their failure to use reasonable care in any way. I am fully aware of and freely and expressly assume and accept all risks, hazards and dangers associated with using the Released Parties facilities and am fully responsible for any and all damage or injury of any kind that may result from my use of the Released Parties' facilities. I promise not to bring a claim against or sue the Released Parties for any matter relating to my presence at, or use of the Released Parties' facilities and agree that if anyone is physically injured or property is damaged while I am using the Released Parties facilities, I will have no right to make a claim or file a lawsuit against the Released Parties. I also agree to indemnify and defend the Released Parties for any and all claims, including subrogation and/or derivative claims, brought by any third party or insurer, for injury or damage I may cause.

1. I agree to refrain from reckless skiing, riding or participating in these activities or other misconduct and generally observe "Your Responsibility Code" and other codes of conduct in effect at the resort.
2. I agree and understand that participation in snow sports, in general, and participation in ski and/or snowboard racing and/or other snow sport competitions (hereinafter referred to as "the Activity"), involve risk of serious injury, including permanent disability, death and other losses, both to me and/or the below-named minor. I further understand that these injuries and losses might result not only from my actions, and/or the actions of the below-named minor, but the actions and negligence of others and might occur both during the preparation for and participation in the Activity.
3. This document supersedes any other agreements or representations by or between the parties and is governed by the laws of the State of California. I agree that exclusive jurisdiction and venue for any legal action shall be in the courts of Siskiyou County, California, and no other and such courts have personal jurisdiction. If any part of this agreement is determined to be unenforceable, all other parts shall still be given full force and effect.
4. I understand that permission to use the Released Parties' equipment, trail system, facilities and premises is being given to the undersigned participant in exchange for the execution of this Liability Release and Agreement Not to Sue. I have read the above paragraphs and fully understand them. I understand that this is a RELEASE OF LIABILITY which will legally prevent me or any other person from filing suit or making any other claims for damages in the event of personal injury, death or property damage. I freely and voluntarily enter into this agreement. I have made no misrepresentations to Releasees regarding my name, age, or medical condition. I intend this document to be interpreted as broadly as permissible by California law.

I HAVE CAREFULLY READ THIS IMPORTANT DOCUMENT AND FULLY UNDERSTAND ITS CONTENTS

ACTIVITY: Mt Shasta Masters Program

Participant Name: (print)

Signature

Date

**Mt. Shasta Ski Park - 104 Siskiyou Ave. - Mt. Shasta, CA 96067 - (530)
926-8600 - www.skipark.com**